

Welcome to the **NEW** HealthQuest Portal!

The screenshot shows the top navigation bar of the HealthQuest Portal. It includes the Kansas HealthQuest logo on the left and a user profile icon with a '4' badge and 'credits: 5' on the right. The navigation menu consists of five items: Action Plan, Progress, Rewards, Coaching, and Library. Below each item is a callout box with instructions:

- Action Plan:** Click here to return to your home page
- Progress:** Click Action Plan for easy access to your Virtual Coaching Program
- Rewards:** The Progress section shows your Challenges, Fitness Tracker & Health Assessment Questionnaire (HAQ)
- Coaching:** Click Rewards to check your incentive goal status. You will also find all ways to earn credits by joining a Challenge, completing self-report forms and submitting success stories
- Library:** If you are enrolled in Coaching you will have quick access to your program

Additional callouts on the right side of the navigation bar:

- User Profile:** See your total Credits here
- Avatar:** Scroll over your Avatar to view your Secure Message Center, update your Personal Health Record or edit your personal settings

Challenges: We provide the challenge, you bring your game face. See what's next.

+5

[View Challenges](#)

Earn Now: Earn credits while working on healthy changes. It's easy!

[Ways to Earn](#)

Trackers: Your last blood glucose entry was 69 mg/dl 11/06/2015.

[Update Trackers](#)

Library

Find articles, videos and tools that can help you take action to stay healthy and feel your best.

[View All](#)

Nurse24

Got health questions? Get answers from a nurse. Any time.

[Talk to a Nurse](#)

BULLETIN BOARD [View All](#)

- [Screening Appointment](#)
- [How to Earn Credits](#)
- [Weight Management 11.23.15 - 1.1.16 Challenge](#)

BLOG [View All](#)

-  **City Trees Boost Health And Vitality**
Stress Management •  0

Visit the **Bulletin Board**. Click view all to see your Program Details. This is the former **"Your Resources"**

Helpful support is at your fingertips with the new, enhanced and fully mobile HealthQuest Portal.
Access it from your computer, smartphone or tablet – anytime, anywhere
www.kansashealthquest.com